

Cranio Sacral Therapy

For Babies & Children

Cranio Sacral Therapy is a light touch therapy shown to be effective and supporting the central nervous system so your child's body can self correct and heal naturally. Some of the childhood conditions that may be avoided or reduced are:

Colic
Fussy Babies
Impaired Immune System
Autism Spectrum
Sensory Processing Disorders

Seizures
Emotional Problems
A.D.D. & A.D.H.D.
Learning Disabilities, Dyslexia
And Many Others

~Free~

Consultation & First Session
(Appointment Only)

Saturdays 9:30AM to 12:30PM

Lafayette & Alameda Offices - See website for Directions

510-351-5495
925-324-7337

Catherine Mac Guinness, R.N. has worked with babies and children both as a midwife and public health nurse in West Africa and Europe. She is a firm believer in Cranio Sacral Therapy and the body's ability to correct, release, and recover naturally with the assistance of a skilled Cranio Sacral Therapist. Her work combines a wide knowledge of the body with intuition and compassion to assist in the healing process.

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